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PRE-OPERATIVE SEDATION INSTRUCTIONS

Conscious sedation is a safe and reliable method of providing a more pleasant dental procedure. Medications will be administered making you very relaxed, non-apprehensive, and sleepy; you will not be unconscious. As a result of the drugs used and your sleepy condition, certain precautions must be observed.

1. A pre-operative evaluation will take place before your procedure. This appointment will be used to review your medical history, record your vital signs, and review the procedure. It is important that any prescription medications, which you regularly take, be taken with a small sip of water at least a few hours before your appointment.
2. **Do not eat or drink anything (including water) for at least 6 hours prior to your appointment. Drink plenty of water before this time to ensure that you are well hydrated. No alcohol for at least 24 hours prior to surgery.**
3. Wear loose, comfortable clothing with sleeves that can easily be drawn up past the elbow. Do not wear heavy eye makeup, false eyelashes, nail polish, or contact lenses on the day of your surgery.
4. Arrive promptly for your appointment. Late arrival may result in cancellation of your appointment.
5. **You must arrange for a responsible adult to serve as your escort. This person must drive you home and would ideally be available to monitor your condition for at least 2 hours after your procedure. You will not be able to drive until the day after your appointment.**
6. Your comfort and well-being is of utmost importance to us. Please contact us if you have any additional questions.